

TransEgo Therapy™ Core Training

Friday, November 19 in Bethlehem, PA

- *brief evidence-focused psychotherapy* -

6 CE credits*



*Utilizing mindfulness and spirituality
to guide clients through their challenges
and toward a meaningful and joyful existence*



TransEgo Therapy (TET) is brief, evidence-focused, and experiential psychotherapy, which utilizes mindfulness and nondenominational spirituality. **TET** resonates with Positive Psychology, Cognitive Behavioral Therapy, Ericksonian Hypnotherapy, EMDR, Focusing (Gendlin), and Transpersonal Psychology. **TET** is used successfully with clients experiencing depression, stress, irritability, confusion, relationship issues, a loss, a somatic complaint, or those who want to give their lives a more meaningful direction.

A 2007 survey of the U.S. Census Bureau, indicating that 83% of the US population believes in a higher power. A 1992 Gallup poll found that **81% of Americans surveyed said that they wanted their own spiritual values respected and integrated into the counseling process.** In a 2000 study done by Greenberg Quinlan Research, Inc. 80 % of women said it was important to them to have a counselor who integrated their values into the counseling process compared to 70 percent of men. The above information should be a compelling invitation for therapists to integrate spirituality into their counseling practice.

TransEgo Therapy offers a mindful and spiritually-informed approach that is fueled by the notion that the human experience—including *the identified problem*—makes a lot more sense when observed from a spiritual perspective. **TET** assists clients to transcend an ego-based experience and become more conscious of the spiritual context. This spiritual context is not pre-defined and is fully generated by the client. From that level of awareness, insights emerge and an innate resilience unfolds. The focus of **TET** is to assist clients in living mindfully, while being guided by a higher wisdom.

Although **TransEgo Therapy** was developed for telephone counseling, it can be used in a face-to-face practice as well.

TET-client: "The experience was pleasant. At first I thought - how can change be so simple? Yet, change is happening."

TET-client: "[...] it was all about experiencing the higher consciousness. Very powerful."

TET-client: "I was brought into a calm and relaxed state, and then my issue causing fear and anxiety was reintroduced. I no longer feel that initial anxiety and fear."

OBJECTIVES OF THE TRANSEGO THERAPY CORE TRAINING

1. Understand the psychological principles on which **TET** is based
2. Understand the spiritual foundations of **TET**
3. Observe a demonstration of a **TET** session
4. Experience and practice **TET**



PRESENTER

Trans Ego Therapy is developed by Adrianus Van Munster. He is a Licensed Clinical Social Worker (CW-013824) and Board Certified Diplomat. He co-founded The InnerGuidance Network, and wrote *The ClearView Conspiracy* and *Spirits Onymous, the Handbook of the InnerGuidance Network*. He is the director of a psychiatric crisis facility and has been teaching, and providing psychotherapy, for 20 years. Adrianus is a master level practitioner in NLP and certified in hypnotherapy and EMDR. He started studying Eastern philosophies in his early twenties.

- ▶ Completion of this training satisfies part of the requirements toward a **TET** Certification.
- ▶ *6 CE credits for Social Workers, Marriage & Family Therapists, and Professional Counselors
- ▶ Register timely and qualify for the early bird rate or **invite a friend for FREE!**
(see registration form for details)

Questions? Email us at info@InnerGuidanceNetwork.org or give us a call: **610-807-9405**.
You may want to try **TET** yourself and schedule a session: www.TransEgoTherapy.com

REGISTER NOW

- ▶ See registration form below
- ▶ Or go online: <http://www.transegotherapy.com/Therapists/Therapists.htm>

"This was an excellent workshop. The process was exciting. This workshop will not only be a vitamin shot to your own practice; but will get your creative juices flowing."
- Cheryl Hirst-Hodgins, ACSW, LCSW, C-CATODSW

"Wow, what a powerful, enlightening and enriching day! I gained far more than I expected. The process is empowering, the outcome is priceless."
- Donna Jean Comiskey, LCSW

"The workshop offered a helpful tool and more importantly a unique perspective to the therapeutic process."
- Ashley Penman, LCSW



The InnerGuidance Network
PO Box 224, Bethlehem, PA 18016-0224
www.TransEgoTherapy.com
610-807-9405

REGISTRATION FORM

TransEgo Therapy™ Core Training

Training Time and Location

Additional workshops may be offered, please check www.TransEgoTherapy.com – Therapists.

- Friday, November 19, 2010 in Bethlehem PA, 9:30AM-4:30PM, organized by InnerGuidance Network**
Location: Resources for Human Development, 3895 Adler Place, Building A, Bethlehem, PA 18017

Tuition and Registration

- ▶ The full fee: **\$175**,
- ▶ Early Bird rate: **\$125**, when paid in full 1 month prior to the workshop.
- ▶ Invite a friend for **FREE**. This offer is limited to the **first** 5 or 10 requesting registrants (depending on capacity of training location and number of total registrants). The early bird rate does not apply.
- ▶ Student rate: **\$95**, when enrolled in a graduate level education in a relevant field (psychology, social work, etc). Further reduction may apply, when registering with more than 3 students - please email.

Please complete the Registration Form below and return with check. Or register and pay on-line: www.TransEgoTherapy.com and click on "Therapists."

Continuing Education Credits

Social Workers – Pennsylvania Board of Social Workers, Clinical Social Workers, Marriage & Family Therapists, and Professional Counselors has approved this training for 6 CE Credits.

Please register early and arrive 15 minutes before the scheduled start time. Attendees requiring special accommodation must advise the training organizer in writing at least 45 days in advance. A transfer can be made from one seminar location to another, if space is available and if The InnerGuidance Network is (co-)organizing both seminars. Registrants cancelling up to 72 hours before a seminar will receive a tuition refund less a \$15.00 administrative fee or, if requested, a full-value voucher, good for one year for a future seminar. Cancellation or voucher request must be made in writing. If a seminar needs to be cancelled, the registrant will receive a full refund. A \$25.00 service charge applies to each returned check. Fees are subject to change without notice. The organizer has the right to move the training location to another facility in the area. Participants are reminded that experiential workshops may elicit emotional responses. Participants are encouraged to inform the presenter of any concerns or problems that emerge as a result of participation in this workshop.

For more information: www.TransEgoTherapy.com, Email: info@InnerGuidanceNetwork.org
or call **610-807-9405**

Online Registration and Payment: <http://www.transegotherapy.com/Therapists/Therapists.htm>
Or fill out and send in the form below. This registration form may be copied.

Registration Form for TransEgo™ Therapy Core Training

November 19, 2009 Bethlehem PA

Please print clearly

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Alternate Phone: _____

Email Address: _____

Grad. Student? Yes / No: Where: _____

Enclosed find a check with full payment of: \$ _____

I paid on the website on: _____

- Full tuition: **\$175/person** **
 - Registering 1 month prior: **\$125/person**
 - I'm a grad student: **\$95/person**
 - ** I'd like to bring a friend for **FREE**
(when paying the full rate - limitations apply)
- Name of friend: _____

Profession: _____

I request CE Credits Yes / No

Please return this form with check to:
The InnerGuidance Network
PO Box 224, Bethlehem, PA 18016-0224